



Year : 2018/19

25924 - Psychology of personality II

Syllabus Information

Academic Year:	2018/19
Subject:	25924 - Psychology of personality II
Faculty / School:	301 -
Degree:	270 - Degree in Psychology
ECTS:	6.0
Year:	3
Semester:	Second Four-month period
Subject Type:	Compulsory
Module:	

General information

Aims of the course

Context and importance of this course in the degree

Recommendations to take this course

Learning goals

Competences

Learning goals

Importance of learning goals

Assessment (1st and 2nd call)

Assessment tasks (description of tasks, marking system and assessment criteria)

Methodology, learning tasks, syllabus and resources

Methodological overview

Learning tasks

The course includes the following learning tasks:

- Lecture

- Case analysis
- Exhibition/discussion of particular themes led by students

Syllabus

The course will address the following topics (provisional syllabus):

SECTION I. Personality disorders

Topic 1: The personality and trends/disorders: General considerations

Item 2: Personality disorders Group A: paranoid, schizoid, schizotypal

Item 3: Personality Disorders Group B: antisocial, borderline, histrionic, narcissistic

Item 4: Personality Disorders Group C: avoidant, dependent, compulsive obses.

SECTION II. Healthy personalities: trends and their relationship to health/disease

Item 5: Sttress and Coping

Item 6: Reactions to the loss of control

Item 7: Optimism and other positives emotions

Item 8: Processes of self-regulation

Course planning and calendar

Bibliography and recommended resources

- Bermúdez Moreno, José. Psicología de la personalidad : teoría e investigación / José Bermúdez Moreno, Ana María
- Pérez García, Pilar Sanjuán Suárez . 1ª ed., 5ª reimpr. Madrid : UNED, 2003
- Bermúdez Moreno, José. Psicología de la personalidad : teoría e investigación / José Bermúdez Moreno, Ana María
- Pérez García, Pilar Sanjuán Suárez . 1ª ed., 5ª reimpr. Madrid : UNED, 2003
- Terapia cognitiva de los trastornos de la personalidad / A.T. Beck....(et.al). Barcelona : Paidós, 2005
- Barlow, David H.. Psicopatología / David H. Barlow, V. Mark Durand . 3a. ed. Australia [etc.] : Thomson, D.L.2003
- Belloch Fuster, Amparo, Fernández-Álvarez, Héctor Tratado de Trastornos de las Personalidad. MADRID: EDITORIAL SINTESIS, 2010.
- Fernández-Abascal Enrique Emociones Positivas. MADRID: EDITORIAL PIRÁMIDE, 2008