

## 25416 - Community nursing II

### Información del Plan Docente

<b>Academic Year</b>	2018/19
<b>Subject</b>	25416 - Community nursing II
<b>Faculty / School</b>	127 - Facultad de Ciencias de la Salud 275 - Escuela Universitaria de Enfermería de Huesca 375 - Escuela Universitaria de Enfermería de Teruel
<b>Degree</b>	559 - Degree in Nursing 280 - Degree in Nursing 561 - Degree in Nursing 273 - Degree in Nursing 281 - Degree in Nursing 560 - Degree in Nursing
<b>ECTS</b>	6.0
<b>Year</b>	---
<b>Semester</b>	Indeterminate
<b>Subject Type</b>	Compulsory

### Module

#### 1.General information

##### 1.1.Aims of the course

##### 1.2.Context and importance of this course in the degree

##### 1.3.Recommendations to take this course

#### 2.Learning goals

##### 2.1.Competences

##### 2.2.Learning goals

##### 2.3.Importance of learning goals

#### 3.Assessment (1st and 2nd call)

##### 3.1.Assessment tasks (description of tasks, marking system and assessment criteria)

#### 4.Methodology, learning tasks, syllabus and resources

##### 4.1.Methodological overview

The methodology followed in this course is oriented towards the achievement of the learning objectives.

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The learning process for this subject is based on the spiral learning that began in the previous course with the subject of Community Nursing I and, partially, in the theoretical framework of the subject of Research Methodology. Learning from other subjects, both psychosocial sciences, including cultural content, as well as biological and clinical subjects learned in previous courses are incorporated.

This process consists of 4 stages: Concrete Experience (CE), Reflective Observation (OR), Abstract Conceptualization (CA) and Active Experimentation (EA). It includes, from the reflections of the classes, the individual study of the students, the practices in the classroom and in Health Centers and other Community Institutions.

In this course, it is expected that student acquire skills that allow a comprehensive attention of the user and family and the best possible quality of life so that the students can master three key elements with their corresponding NANDA-NIC-NOC diagnoses:

- Self-care, that is, the achievement of greater Autonomy in their own personal care or as a main support person, including the taking of medication in the chronically illness.
- Wellness and Comfort that includes pain control, active listening, effective emotional and functional support.
- Security, that is, active surveillance of the Clinical Control of Symptoms in a way that allows detecting new signs, symptoms or decompensation.

All this in the different degrees of the population that visits health centers that consult for: health issues, for feeling mournful or sick, help from families and for community issues. For this, it is divided into three modules: Promotion of Ecological Health, Communicable Diseases and Non-Communicable or Chronic Diseases.

### 4.2.Learning tasks

They are exposed in more detail in the Moodle platform. However, they consist of the following activities:

1. Theoretical, expository sessions with visual presentations and debates. 35 h.
2. Practical case sessions. In smaller groups they will have to solve the exposed cases and other practical activities. 25 h.
3. Critical Card, individual work of analysis of scientific works, press releases of the class period and literary note. It combines science, news notes and emotional expression.
4. Self-care work for small groups with some of the topics of the first semester program. The groups will be comprised between a minimum of 4 and a maximum of 6 people.

### 4.3.Syllabus

#### DESCRIPTION OF CONTENT

The topic will address the following topics:

#### MODULE I PROMOTION OF ECOLOGICAL HEALTH

Topics:

I 1. Ecological Paradigm of Health: Balance, Relationship and Health. Health Promotion and the triangle of Visible and Invisible Care: Wellbeing, Security and Autonomy. Environmental crisis, global warming and frequent DENA (self-care diagnostics).

I 2. Water and health on our planet. Advances and problems of water in the Aragonese society. Programs for the rational use of water. Water as food.

I 3. Agriculture and Health. New health problems due to various technologies in crops and food management: Persistent Organic Compounds. Genetically modified organisms. Terminator seeds.

Patents and Food Sovereignty. Emerging programs: Mensa Cívica and Huerta Zaragoza Km.0.

I 4. The daily environment and health. Air pollution and effects on health. The sick buildings. Chemical sensitivity syndrome. Legionellosis.

I 5. PPS programs in Aragón, in Spain, in Europe and in other countries. Matches and differences.

I 6. Programs related to current issues: ecology at the beginning of life. Toxic shock syndrome.

#### MODULE II. COMMUNICABLE DISEASES: EPIDEMIOLOGY AND PREVENTION

Topics:

II 1. Communicable diseases: evolution and control.

II 2. Diseases of water-food transmission.

II 3. Sexually transmitted diseases: HIV infection, Hepatitis B and C.

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II 4. Airborne diseases: Influenza, Catarrh, Pulmonary Tuberculosis and others.

II 5. Zoonoses and diseases transmitted by vectors.

II 6. Hospital infections. EPINE.

### MODULE III. NON-COMMUNICABLE AND CHRONIC DISEASES. EPIDEMIOLOGY AND PREVENTION.

Topics:

III 1. General Epidemiology Attention to chronic processes. New challenges and demands for care: The case of people living with HIV.

III 2. Cardiovascular diseases and cancer.

III 3. Respiratory diseases.

III 4. Endocrine and metabolic diseases.

III 5. Dental caries and periodontal diseases.

III 6. Gender violence and masculinities.

III 7. Accidents.

#### 4.4. Course planning and calendar

Furhter information concerning the timetable, classroom, office hours, assessment dates and other details regarding this course will be provided in the first day of class or please refer to the Health Sciences Faculty website: <https://fcs.unizar.es/grado-en-enfermeria-0>

The schedule of the theoretical syllabus and seminars is developed throughout the academic year.

Theoretical activities: 2 hours a week each semester.

Practical activities: 2 hours a week each semester.

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The presentation of the self-care work will be done at the end of the module of the second semester, being mandatory the presence of all students in the defense of them.

The dates of deposit of both the critical file and the self-care work will be communicated through Moodle, this platform being the communication tool for everything related to the subject.

If you do a continuous work of all the activities that we are proposing in the subject, it will not be difficult to overcome it.

The dates of the different activities will be presented at MOODLE at the beginning of the academic year.

### **4.5. Bibliography and recommended resources**