

## 29206 - Scientific methods and nutritional epidemiology

#### Información del Plan Docente

Academic Year 2017/18

Faculty / School 229 - Facultad de Ciencias de la Salud y del Deporte

**Degree** 441 - Degree in Human Nutrition and Dietetics

**ECTS** 6.0 **Year** 1

Semester Second semester

Subject Type Compulsory

Module ---

- 1.General information
- 1.1.Introduction
- 1.2. Recommendations to take this course
- 1.3. Context and importance of this course in the degree
- 1.4. Activities and key dates
- 2.Learning goals
- 2.1.Learning goals
- 2.2.Importance of learning goals
- 3. Aims of the course and competences
- 3.1.Aims of the course
- 3.2.Competences
- 4.Assessment (1st and 2nd call)
- 4.1. Assessment tasks (description of tasks, marking system and assessment criteria)
- 5.Methodology, learning tasks, syllabus and resources
- 5.1.Methodological overview

Teaching methodology includes for theorethical sessions: teacher exposition of main ideas and concepts; detailed explanations and problem resolution board. For practical/applied sessions the students work independently for problem resolution, give their results and explanaitons for the audience and the teacher and other students comment on it.

### 5.2.Learning tasks



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-Theoretical sessions
-Practice/applied sessions
-Informatic Lab (statistic and epidemiologic software)
5.3.Syllabus
Unit 1. General context of Health Science Research. Research project design in epidemiology
Unit 2. Epidemiology and nutritional epidemiology basis
Unit 3. Introduction to causation in Epidemiology
Unit 4. Measurement in Epidemiology
Unit 5. Study designs in Epidemiology
Unit 6. Sampling and Sampling Size in Epidemiology
Unit 7. Variable definition
Unit 8. Introduction to questionnaire validation
Unit 9. Food intake assessment
Unit 10. Nutrition Based Evidence
5.4.Course planning and calendar
This subject consists of 6 ECTS credits, corresponding to 150h of student dedication. Face-to-face time is 40%, this means, 60 hours of classes and applied sessions; distributed as follows:
-36 h - Theoretical sessions
-12 h - Practice/Applied sessions

-12 h - Practice/Applied sessions in computer laboratory

**5.5.Bibliography and recommended resources**Wolfgang Ahrens, Iris Pigeot. Handbook of Epidemiology. Springer, 2007, Berlin (Germany). ISBN: 978-3-540-00566-7



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(Print) 978-3-540-26577-1