

## 26713 - Medical Psychology

### Información del Plan Docente

<b>Academic Year</b>	2017/18
<b>Faculty / School</b>	104 - Facultad de Medicina 229 - Facultad de Ciencias de la Salud y del Deporte
<b>Degree</b>	304 - Degree in Medicine 305 - Degree in Medicine
<b>ECTS</b>	6.0
<b>Year</b>	2
<b>Semester</b>	Second semester
<b>Subject Type</b>	Basic Education
<b>Module</b>	---

### **1.General information**

#### **1.1.Introduction**

#### **1.2.Recommendations to take this course**

#### **1.3.Context and importance of this course in the degree**

#### **1.4.Activities and key dates**

### **2.Learning goals**

#### **2.1.Learning goals**

#### **2.2.Importance of learning goals**

### **3.Aims of the course and competences**

#### **3.1.Aims of the course**

#### **3.2.Competences**

### **4.Assessment (1st and 2nd call)**

#### **4.1.Assessment tasks (description of tasks, marking system and assessment criteria)**

### **5.Methodology, learning tasks, syllabus and resources**

#### **5.1.Methodological overview**

The learning process designed for this subject is based on the following activities:

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1. Onsite activities for the whole and small groups

1.1. Lectures

1.2 Seminars based on theoretical and clinical cases.

1.3 Practical based workshops for small groups.

2. Off-site activities in which students are the main characters.

2.1 Clinical cases previously worked out by the students

2.2 Clinical cases reviewed and self-assessed after teacher comments.

2.3 Potential academic autonomous student's project

### 5.2. Learning tasks

The program designed to achieve teaching goals is based on the following activities:

#### ONSITE ACTIVITIES:

1. Lectures.

2. Seminars on psychopathology and clinical cases.

3. Small group sessions on special topics (eg. Psychometric tests).

4. Tutorials.

#### OFF-SITE ACTIVITIES:

1. Theoretical-practical assignments on clinical cases.

2. Student's assignment on special agreed and supervised topic based on theoretical program.

Potential academic autonomous student's project

### 5.3. Syllabus

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Timetabled onsite activities and assignments' presentations.

### TEORETICAL SCHEDULE

#### SECTION ONE. INTRODUCTION

FIRST LESSON.-Psychological Medicine. Teoretical background and its goals. Boundaries and relationship with other scientific areas. Methodologies.

#### SECTION TWO. PERSONALITY. THE MENTAL STATE EXAMINATION. DESCRIPTIVE PSYCHOPATHOLOGY.

SECOND LESSON.- Temperament, character and personality. Dynamic and structural aspects of personality.

THIRD LESSON. -Perception and its pathology.

4 TH LESSON.- Memory functions and its psychopathology.

5TH LESSON.-The thinking process and its psychopathology.

6TH LESSON. -Intellectual performance and its psychopathology.

7TH LESSON.-Affects. Emotion and conflict. Psychopathology of the affects.

8TH LESSON.- Instincts' Psychology. Motivation. Psycopathology of the instinctive life.

9 TH LESSON. -Consciousness. Arousal systems, asleep and dreams. Psychopathology of the consciousness.

10TH LESSON.- Unconsciousness. Contents and dynamics. Psychoanalysis.

#### SECTION THREE. SOCIAL, WORK-BASED AND GROUP BASED PSYCHOLOGIES.

ELEVEN LESSON.- Social Psychology. Group Psychology: structure and dynamics. Types of groups. The mass. Intermental phenomena.

#### SECTION FOUR. DEVELOPMENTAL PSYCHOLOGY.

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TWELVE LESSON: Child Psychology. Psychology of the first year infant. Mother and baby bonding relationship. Emotional deprivation states and its psychological consequences.

13TH LESSON: Pre-school and school child psychology. The influence of social media on the child psychology.

14TH LESSON: Adolescent psychology. Crisis and psychological adaptations.

15 TH LESSON: Old age psychology. Psychological preparation to both retirement and become elderly.

SECTION FIVE. PSYCHOLOGICAL ASPECTS OF MEDICAL PRACTICE. DOCTOR-PATIENT RELATIONSHIP.

16TH LESSON. - Psychological responses of the medically ill.

17TH LESSON.-The doctor and its influence on the therapeutic process. Health profesional attitudes towards the patient. The sick doctor.

18TH LESSON.-Medical-doctor relationship. The difficult patient. Psychological care of the severe patient, hopeless/incurable and teminally ill. Transference and coutertrasference. The medical and psychological interview.

19TH LESSON. -The psychological effects of the treatments. The placebo effect.

TWENTY LESSON.- Illness models. The psychosomatic understanding of the illness.

FACULTY NOTE: Some lectures might be included as off-site activities.

PROGRAM OF THE SEMINARS AND PRACTICAL BASED WORKSHOPS

DESCRIPTIVE PSYCHOPATHOLOGY SEMINARS

1. Psychopathology of perception.
2. Psychopathology of memory.
3. Psychopathology of the thinking process

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4. Psychopathology of the intellectual performance.
5. Psychopathology of the affect and emotions.
6. Psychopathology of the instincts.
7. Psychopathology of the consciousness.

### PRACTICAL BASED WORKSHOPS

1. MEDICAL-DOCTOR RELATIONSHIP: THE CLINICAL INTERVIEW. FIRST PART: clinical case vignette small groups discussion.
2. MEDICAL-DOCTOR RELATIONSHIP: THE CLINICAL INTERVIEW. SECOND PART: Cinema fórum: DVD THE DOCTOR. Group discussion.
3. Psychological assessment procedures.
4. Psychological aspects of the sick child.
5. The psychosomatic patient.
6. Psychobiographical assesement of mentally ill: clinical cases discussions.
7. The dying patient.
8. Psychotherapies.

### 5.4.Course planning and calendar

Psychological Medicine holds 6 ECTS which is equal to 150 hours, 45% are onsite (67.5hours) and 55% are off-site (82.5 hours).

The onsite activities distribution is the following:

Lectures: 30.4 hours.

Seminars: 12.2 hours.

Tutorials: 3 hours.

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Supervised work assignments: 6.1 hours.

Clinical case reviews: 9.1 hours.

Assessment activities: 6.8 hours.

Total of 67.5 hours.

### 5.5. Bibliography and recommended resources

#### GENERAL REFERENCES:

1. Seva A. Psicología Médica: bases psicológicas de los estados de salud y enfermedad. Zaragoza: INO, 1994.
2. Vallejo-Ruiloba J, Bulbena A, Blanch J. Introducción a la psicopatología y la Psiquiatría. 8ª ed. Barcelona: Elsevier-Masson, 2015.
3. Myers DG. Psicología. 9ª ed. Madrid: Panamericana. 2011..
4. Delgado ML. Fundamentos de Psicología para Ciencias Sociales y de la Salud. Madrid: Panamericana, 2015.
5. Morris CG, Maisto AA. Psicología. Decimotercera ed. México: Pearson, 2009.
6. López-Ibor JJ. Lecciones de psicología médica. Masson: 1999.
7. Jeammet Ph, Reynaud M. Consoli SM. Manual de Psicología Médica. Segunda ed. Barcelona: Masson, 1999.

#### DESCRIPTIVE PSYCHOPATHOLOGY:

1. Higuera A, López-Sánchez JM. Compendio de Psicopatología. 4ª ed. Granada: Círculo de Estudios Psicopatológicos, 1996.
2. Oyebode F. Sims' Symptoms in the mind: An Introduction of Descriptive Psychopathology. Edinburgh: Saunders-Elsevier , 2008.
3. Alvarez JM, Esteban R, Sauvagnat F. Fundamentos de Psicopatología Psicoanalítica. Madrid: Síntesis, 2004.
4. Obiols J. Manual de psicopatología General. Madrid: Biblioteca Nueva, 2008.

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5. Belloch A, Sandín B, Ramos S. Manual de Psicopatología. Madrid: McGraw Hill, 2008.
6. Campos R, Civeira J, Morales C, Giménez JC: Psicopatología práctica para estudiantes de medicina. (en preparación). Prensa Universidad de Zaragoza.